Peter & Paul Community Services, an ecumenical agency, provides housing and supportive services to persons who are homeless, especially those who experience mental illness or live with HIV.
Dear friends and colleagues,

“No, we can do so little. Together, we can do so much.”

With these words, Helen Keller captured the significance of a group of people coming together, leveraging their collective insights, and using their gifts to create impacting change. Such is the story of our 2019 at Peter & Paul Community Services, a year that saw change, progress, and the pursuit of a vision for what we could be moving forward.

Throughout this report you will find facts and figures, words from those we have served over the year, and exciting news about what lies ahead in the coming year. But for now, I want to give you a brief overview of some exciting updates about our programming from 2019.

PERSONNEL

- The addition of two new program directors to our management team
- The growth of our maintenance team
- New hires for case managers and shelter monitors at the shelter, and behavioral support technicians for our other housing programs
- A new volunteer coordinator for the development department

PROGRAMMING

- New partnerships explored with other community mental health organizations
- Beginning the process of exploring a comprehensive outcomes tracking plan that will span our clinical programming

MILESTONES

- Celebrating the 5-year anniversary of the opening of Garfield Place Apartments
- Embracing our staff who have reached major milestones of 10 and 5 years with the agency

At the end of the year we embarked on a strategic planning journey that will culminate in a completed 3-year strategic plan for the agency starting in 2020. The planning process is led by our leadership team, as well as various voices in development and maintenance, and has been a highly inclusive effort with the team seeking feedback from staff, community partners, volunteers, and other stakeholders. This process will illuminate the goals and priorities for PPCS, and how we can execute a pathway forward in an ever-changing homeless services landscape locally and regionally.

We have done none of this alone, and together, we can do even more in 2020.

Adam Cisroe Pearson, OTD, OTR/L
I was surprised at how many people jumped at the chance to participate when I asked if anyone wanted to help me with getting the casserole thing started.

Suzanne Smerek
What prompted you to get involved with Peter & Paul Community Services and our Shelter?

I had attended a parish retreat and had prayerfully asked what the Lord was calling me to do. I came away from that experience with the message, “Feed the Hungry.” I wanted to help a smaller facility that maybe didn’t have as much help as the larger ones. The pastor of my parish suggested Saints Peter & Paul.

How did you link your passions and hobbies with your service to us?

My desire to grow in my faith is what opened the door to this service.

Tell us your favorite casserole(s) to prepare!

Our favorite casserole to prepare is Unstuffed Pepper Casserole or Taco Rice Casserole.

What has surprised you most about getting involved with Peter & Paul Community Services?

How getting involved on a very small level can lead to bigger blessings because other people see what you are doing and are inspired or motivated to help, too. This is how my husband was able to find donors for a new coffee/carafe system, a new steam table and new bunk beds for the shelter. It all started with the message, “Feed the Hungry” and casseroles!
**BOARD OF DIRECTORS**

Gerard A. Nester, CHAIR  
TIAA Brokerage Services

Christine Johnson, VICE CHAIR  
BKD LLP

Michael J. Honigfort, SECRETARY

William R. Bruce, TREASURER  
Enterprise Bank & Trust

Jerome Abrams

Derrick Albers  
Lewis Rice

Mike Banahan  
Evans & Dixon LLC

John Clarke

Mark Goodson  
TIAA Brokerage Services

Lucas Gredell  
Wells Fargo Bank, N.A.

Micah Hall  
Hall Law Firm

Alan Herzog  
Edward Jones

James D. Huber  
Anders, Minkler, Huber & Helm LLP

Cheryl Lee  
Nestlé Purina PetCare

Joan Long  
Patty Long Catering

Jan Meyer  
Sts. Peter & Paul Parish

Christopher Michalak  
Clayton Financial

James D. Stephenson  
H.M. Risk

William Wittenberg  
C.J. Thomas Company

**YOUNG PROFESSIONALS BOARD**

Emily Pierre, PRESIDENT  
Edward Jones

Erica Vogler, VICE PRESIDENT  
Places for People

Dave Heine, TREASURER  
Mercy

Clarissa Swope, SECRETARY  
Barnes Jewish Hospital

Jake Broner  
Worldwide Express

Jose Effinger  
Hub Group

Lauren Gray  
Rose International

Casey Gundlach  
Rose International

Nicole Holzum  
MarketPlace

Kyle Jacoby  
KMOV

Matthew Koziol  
Anheuser-Busch

Jacob Pandolfi  
Maritz

Sierra Stinebrook-Zagarri  
Maggiano’s Little Italy

Joy Tuider  
City of St. Louis

Scott Werner  
Nestlé Purina

**PROGRAMS**

Dan Hill  
Program Director  
Garfield Place Apartments

Darlene Mims-Simpkins, RN  
Program Director  
Positive Directions

Don Shipp, LCSW  
Director of Shelter Services

Steve Smith /  
Jazmyn Frager  
Program Director  
Labre Center

**ADMINISTRATION**

Kevin Born  
Chief Financial Officer

Tom Burnham  
Community Relations Officer

Steve Campbell  
Chief Executive Officer

Adam Cisroe Pearson, OTD, OTR/L  
Chief Operations Officer

Brianna Clampitt  
Office Manager

Jacqueline Nance  
Director of Human Resources

Stacy West-Bruce  
Clinical Coordinator

**DEVELOPMENT**

Shane Taylor  
Chief Development Officer

Linda Callanan  
Director of Grants

Erin Boyle  
Director of Events and Donor Management

Brianna Ehler  
Communications Coordinator

Meghann Van Pelt /  
Kati Ballard-Hoffman  
Volunteer Coordinator

**EVENTS COMMITTEE**

Jan Amann  
Daria Conran  
Rosemary Etzel  
Carolyln Gunn  
Jeanne Morrell  
Betsy Thorp  
Mary Ann Zehnder  
Geralyn Banahan  
Eileen Embree  
Casey Gundlach  
Ruth Intag  
Ann Schrod  
Jaime Winkler
BY THE NUMBERS
July 1, 2018 - June 30, 2019

1,399
St. Louis City and County’s 2019 Point-in-time count of
PEOPLE EXPERIENCING HOMELESSNESS
(sheltered and unsheltered)

1,287
PEOPLE SERVED
(meals & housing)

437
NEIGHBORS
SHELTERED

39,066
NIGHTS OF
SAFE SHELTER

5,807
VOLUNTEERS

21,260
VOLUNTEER
HOURS

134,555
MEALS SERVED

At PPCS, the clients we serve work daily on goal attainment. The
TOP SIX GOALS our clients work on are:

CREATING A BUDGET

LEARNING ABOUT THEIR MENTAL ILLNESS AND HOW TO MANAGE THEIR MEDICATIONS

RE-CONNECTING TO FAMILY

SOBRIETY

LOCATING AFFORDABLE HOUSING

DEVELOPING LIFE SKILLS
## ASSETS

### CURRENT ASSETS
- Cash and cash equivalents: $1,528,801
- Restricted cash: $0
- Accounts receivable, net: $320,752
- Prepaid expenses: $24,527
- Security, reserve and escrow deposits: $205,111

Total Current Assets: $2,079,191

Property and Equipment: $7,406,909

### INTANGIBLE ASSETS, NET
- $14,882

### TOTAL ASSETS
- $9,500,982

## LIABILITIES AND NET ASSETS AND MEMBERS’ EQUITY

### CURRENT LIABILITIES
- Accounts Payable: $16,011
- Current portion of long-term debt: $25,000
- Accrued payroll and other liabilities: $204,679

Total Current Liabilities: $245,690

### LONG TERM DEBT
- $600,000

### TOTAL LIABILITIES
- $845,690

## NET ASSETS

### Unrestricted
- Available for general use: $1,898,166
- Net investment in property and equipment: $6,796,791
- Member’s Equity: $(39,665)

Total Net Assets and Members’ Equity: $8,655,292

### TOTAL LIABILITIES AND NET ASSETS AND MEMBERS’ EQUITY
- $9,500,982
# Statement of Activities

## July 1, 2018 - June 30, 2019 | by Schmersahl Treloar & Co. PC

## Revenues and Other Support

<table>
<thead>
<tr>
<th></th>
<th>Without Donor Restrictions</th>
<th>With Donor Restrictions</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Donations</strong></td>
<td>$924,018</td>
<td>$342,930</td>
<td>$1,266,948</td>
</tr>
<tr>
<td><strong>Foundations</strong></td>
<td>$37,951</td>
<td>$214,100</td>
<td>$252,051</td>
</tr>
<tr>
<td><strong>Government Grants</strong></td>
<td>$1,030,792</td>
<td>$0</td>
<td>$1,030,792</td>
</tr>
<tr>
<td><strong>Contracted Services</strong></td>
<td>$917,372</td>
<td>$0</td>
<td>$917,372</td>
</tr>
<tr>
<td><strong>Client fees</strong></td>
<td>$66,110</td>
<td>$0</td>
<td>$66,110</td>
</tr>
<tr>
<td><strong>Other</strong></td>
<td>$42,633</td>
<td>$5,435</td>
<td>$48,068</td>
</tr>
<tr>
<td><strong>Rental Income</strong></td>
<td>$157,400</td>
<td>$0</td>
<td>$157,400</td>
</tr>
<tr>
<td><strong>Net assets released from restrictions</strong></td>
<td>$572,401</td>
<td>$(572,401)</td>
<td>$0</td>
</tr>
<tr>
<td><strong>Total Revenue and Other Support</strong></td>
<td><strong>$3,748,677</strong></td>
<td><strong>$(9,936)</strong></td>
<td><strong>$3,738,741</strong></td>
</tr>
</tbody>
</table>

## Expenses

<table>
<thead>
<tr>
<th></th>
<th>Without Donor Restrictions</th>
<th>With Donor Restrictions</th>
<th>Total</th>
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</thead>
<tbody>
<tr>
<td><strong>Program Services</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shelter Services</td>
<td>$563,856</td>
<td>$0</td>
<td>$563,856</td>
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<tr>
<td>Biddle Housing Opportunities Center</td>
<td>$209,794</td>
<td>$0</td>
<td>$209,794</td>
</tr>
<tr>
<td>Labre Center</td>
<td>$685,366</td>
<td>$0</td>
<td>$685,366</td>
</tr>
<tr>
<td>Positive Directions</td>
<td>$559,264</td>
<td>$0</td>
<td>$559,264</td>
</tr>
<tr>
<td>Garfield Place Apartments</td>
<td>$919,639</td>
<td>$0</td>
<td>$919,639</td>
</tr>
<tr>
<td><strong>Total Program Services</strong></td>
<td><strong>$2,937,919</strong></td>
<td>$0</td>
<td><strong>$2,937,919</strong></td>
</tr>
</tbody>
</table>

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<thead>
<tr>
<th></th>
<th>Without Donor Restrictions</th>
<th>With Donor Restrictions</th>
<th>Total</th>
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<tbody>
<tr>
<td><strong>Supporting Services</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Management and general</td>
<td>$481,525</td>
<td>$0</td>
<td>$481,525</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$397,183</td>
<td>$0</td>
<td>$397,183</td>
</tr>
<tr>
<td><strong>Total Supporting Services</strong></td>
<td><strong>$878,708</strong></td>
<td>$0</td>
<td><strong>$878,708</strong></td>
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</table>

<table>
<thead>
<tr>
<th></th>
<th>Without Donor Restrictions</th>
<th>With Donor Restrictions</th>
<th>Total</th>
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</thead>
<tbody>
<tr>
<td><strong>Total Expenses</strong></td>
<td>$3,816,627</td>
<td>$0</td>
<td>$3,816,627</td>
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<table>
<thead>
<tr>
<th></th>
<th>Without Donor Restrictions</th>
<th>With Donor Restrictions</th>
<th>Total</th>
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</thead>
<tbody>
<tr>
<td><strong>Change in Net Assets</strong></td>
<td>$67,950</td>
<td>$(9,936)</td>
<td>$(77,886)</td>
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</tbody>
</table>

**Net Assets and Members’ Equity, Beginning of Year**

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</thead>
<tbody>
<tr>
<td><strong>Net Assets and Members’ Equity, Beginning of Year</strong></td>
<td><strong>$8,723,242</strong></td>
<td>$9,936</td>
<td><strong>$8,733,178</strong></td>
</tr>
</tbody>
</table>

**Net Assets and Members’ Equity, End of Year**

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</thead>
<tbody>
<tr>
<td><strong>Net Assets and Members’ Equity, End of Year</strong></td>
<td><strong>$8,655,292</strong></td>
<td>$0</td>
<td><strong>$8,655,292</strong></td>
</tr>
</tbody>
</table>

77% of every dollar spent on programs and services
**FINANCIALS AT A GLANCE**  
June 30, 2019  |  by Schmersahl Treloar & Co. PC

**CONTRIBUTIONS AND GRANTS**  
$1,518,999  |  40.6%

**GOVERNMENT FUNDING**  
$1,030,792  |  27.6%

**CONTRACTED SERVICES**  
$917,372  |  24.5%

**OTHER FUNDING**  
$271,578  |  7.3%

**TOTAL**  
$3,738,741

**PROGRAM SERVICES**  
$2,937,919  |  77%

**ADMINISTRATION**  
$481,525  |  12.6%

**FUNDRAISING**  
$397,183  |  10.4%

**TOTAL**  
$3,816,627
ANTHONY

Before coming to PPCS, Anthony stayed at a group home. However, the setting wasn’t a great fit, as the housing complex wasn’t set up to support his type of mental illness. After struggling to gain traction in his own life there, Anthony was referred to Garfield Apartments.

At Garfield, Anthony is able to get the supportive housing that he needs, including medication help, being taught coping mechanisms, and feeling supported by a community. With this type of program, he has been able to thrive.

“I feel a lot safer here,” he mentions. “That makes it easier for me to work on myself.” Anthony’s confident that, with the help of Garfield, he can become more independent. His hope is that one day he can save enough money to move closer to his family in North Carolina.

ARCHIE

Archie looks back over her 23 years of homelessness and addiction and can’t believe she’s still alive. During those 23 years, she was addicted, homeless, HIV+, and suffering from a mental illness.

When she moved into Garfield Apartments, Archie realized it was a special opportunity to get sober. She began taking her psychiatric medications regularly, attending sobriety support meetings and meeting with the substance abuse counselor. Garfield staff also connected her to detox services and treatment centers, and provided emotional support and encouragement while she began her sobriety journey.

Having her own apartment allowed Archie freedoms she had only dreamed of. Worries, like what she was going to eat or where she was going to sleep, were a thing of the past. She was finally able to start saving money. She was able to reconnect with her family, including her two adult daughters. She finally met her grandchildren.

Maintaining sobriety has been a tough journey for Archie, but with the help of Garfield and PPCS, she has had continued support along the way. Most recently, she successfully completed BASIC INC.’s CSTAR Sobriety Program.

Archie says her hope is to end her drug use for good, so she has many years left as a sober mother and grandmother.
DAYMON

Daymon’s favorite part about PPCS is the community itself. He says “Everyone here has offered me a lot of hope that I didn’t have before.”

Before coming to PPCS, he had had dreams of going to college but, due to his mental illness, was never able to achieve that goal. PPCS provided Daymon with the right medication and coping skills to help him handle his mental illness. With these resources, Daymon is hoping that soon he can apply to community college and study his passion - graphic design.

“I truly believe that devotion and education are the keys to success,” he mentions. “I hope one day that an education can lead me to a career.”

MARCUS

Marcus enjoyed an independent life. He lived alone, grocery shopped for himself, and attended college, but he began to struggle due to an undiagnosed mental illness. As his condition worsened, he had to drop out of college and began to depend on others for care.

Seeking answers, Marcus came to PPCS’ Labre Center. He connected well with staff and clients there. He found new skills to better manage the stress from his mental illness. Marcus improved his basic life skills, such as cooking and cleaning, learned how to utilize the Metro system, and is again attending college. He’s also taking drum lessons, which he has always enjoyed!

Thanks to Labre, Marcus leads an independent life once again.

MIKE

Mike had been in and out of our shelter for years and has gotten to know staff quite well. Tom Burnham, PPCS’ Community Relations Officer, noticed his frequency within our shelter and asked if he might need a type of housing that was more supportive of his needs, rather than a general apartment. Mike agreed to this sentiment, and soon Tom had teamed up with Garfield’s staff in order to secure him a room.

Mike says he likes staying at Garfield. He feels that his room is like a sanctuary, and he has decorated it heavily with his own artwork. He also appreciates the friends he has made and all of the skills that staff have helped teach him. He adds, “I always try and remember when things get tough: this is temporary. This doesn’t define me. It helps prevent me from making impulse decisions, and I appreciate PPCS for helping teach me that.”
“I like living here. In fact, maybe I even love it!” laughs Shaun, as he sits in his very own Garfield apartment.

Shaun had lived in an assisted living facility before coming to PPCS, but felt that it wasn’t giving him enough independence. He mentions that workers at the facility would do all of his cleaning and cooking, a task which he felt he could do himself if someone could help him. But, because of his mental illness, he found the concept of doing chores on his own to be daunting.

Upon arrival at PPCS, Shaun got his wish and staff helped him re-learn how to tidy a room, do his dishes and make a meal, all while managing his mental illness.

Shaun has made such great progress in achieving his goals that he even decided to start exercising and also began volunteering.

Up next on Shaun’s agenda? To get a job. In fact, he has an interview at a restaurant coming up soon!

Terina describes herself as being a mess before coming to Peter & Paul Community Services. “I was living with family members who just loved me so much that they didn’t have the heart to tell me to get sober,” she mentions. “I knew I had to leave. But when I did, I still didn’t get better.”

Her use of drugs paired with her severe, debilitating anxiety led to her to become unable to work and subsequently homeless. She sought help from a caseworker and was put in touch with our programs.

“After receiving help from PPCS, I now feel hopeful. And I thank God for that.” With help from PPCS, Terina was able to get on the right medications to help with her anxiety. Her hope is that after graduating from our program, she can find her own apartment and, for the first time, invite family and friends over to her own space.
Peter & Paul Community Services, an ecumenical agency, provides housing and supportive services to persons who are homeless, especially those who experience mental illness or live with HIV.